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# ***2010 Annual Report***

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# ***Open Meeting Schedule***

## **Joint Powers Board and Coordinating Council 2010 Open Meeting Schedule**

**January 6, 2010 9:00 – Noon**  
Beaver Bay Community Center, Beaver Bay, MN

**March 3, 2010 9:00 – Noon**  
**Annual Meeting-Election of Officers**  
Bluefin Bay Resort, Tofte, MN

**May 5, 2010 9:00 - Noon**  
Beaver Bay Community Center, Beaver Bay, MN

**July 7, 2010 9:00 – Noon**  
Bluefin Bay Resort, Tofte, MN

**September 1, 2010, 9:00 - Noon**  
Beaver Bay Community Center, Beaver Bay, MN

**November 24, 2010 9:00 - Noon**  
Bluefin Bay Resort, Tofte, MN

## ***Staff Roster***

### **Lake and Cook Counties**

Dean Grace, Director

Karen Tucker, Bookkeeper/LCTS Coordinator

### **Lake County**

Mary von Goertz, Elementary School Liaison

## ***Mission***

By working together to strengthen families, the North Shore Collaborative ensures that all of our children can grow up healthy and lead meaningful lives.

## ***Vision***

Our vision is a healthy community where children are a high priority. Families, the community, schools, public and private agencies work together as partners to address the mental, physical, emotional, and spiritual health of all our children. Special attention is given to children at risk, and the stigma attached to getting help is eliminated. There is a high degree of community awareness and consensus about the need for collaboration to sustain healthy communities. The North Shore will be an attractive and supportive place to live, work, and raise families.

## ***Goals***

1. To promote developmental asset-building as a primary approach to both wellness and risk prevention efforts with North Shore youth.
2. To encourage family involvement, and fun, in promoting early literacy with young children birth to five.
3. To promote mental health, reduce stigma associated with mental illness, and improve access to services in community schools.
4. To enhance resilience among at-risk youth through comprehensive planning for abuse prevention and family support.

## ***Dear Community Partners,***

The planned reorganization of the North Shore Collaborative completed this year. The Collaborative's School Liaison position was ended in June. The current annual budget is sustainable and balance sheet at the end of 2010 saw a \$10,000 increase in the reserve fund. For an investment of \$24,000 in direct and in-kind partner contributions, the Collaborative generated \$147,700 worth of services to North Shore children and families. Included were \$21,000 in grants to support LOTS, the Collaborative's highly successful early literacy program, \$80,000 from DHS to support School Linked Mental Health Services, \$45,000 in LCTS revenue and \$1700 in other grants. Other initiatives supported by the Collaborative included youth alcohol abuse prevention, suicide prevention, health and wellness fairs, vocational training opportunities through the North Shore Trade and Tech Project, and asset building in our schools and communities, including two outstanding presentations by the Search Institute on Sparks.

With the financial crisis facing Minnesota it is predictable that the needs of children will continue to be pushed back in our state priorities. Continuing to provide early childhood programs, family support services, and mental health services in our schools will require a stronger level of local community support. Further, each of these programs has an interactive effect on the others. For example, as increased family support reduces out-of-home placements, the need for services in our local schools increases. The Collaborative has dedicated a significant portion of our funding to supporting these projects. It will take all our collective efforts to insure the safety and well-being of children and families in our communities.

***Dr. Dean Grace***  
**Director**

# ***Coordinating Council***

## **COORDINATING COUNCIL**

Sue Futterer Director Cook County Human Services & Public Health 218-387-3606	Vickie Thompson Dennis Henkel Lake County Human Services & Public Health 218-834-8415
Joni Kristenson Public Health Nurse and Coordinator Cook County Public Health 218-387-3605	Hal Leppink Public Health Officer Lake County Public Health 218-834-2352
Beth Schwarz Superintendent Cook County School District 218-387-2271	Michelle Backes-Folgelberg Public Health Educator Lake County Public Health 218-834-8406
Roxy Sherer Grand Portage Human Services Grand Portage Tribal Reservation 218-475-2453	Phil Minkkinen Superintendent Lake Superior School District 218-834-8213

# ***Joint Powers Board***

## **Joint Powers Board**

### **Chairperson:**

Terry Fawcett	Lorrie Janatopoulos
Arrowhead Regional Corrections	Planning Director
218-384-9102	AEOA
	800-662-5711 ext. 259

### **Vice Chairperson:**

Jim Gruba	Janice Hall
Executive Director	Commissioner
Human Development Center	Cook County Board
218-730-2356	218-370-1085

### **Secretary / Treasurer:**

Carol Youngberg	Tom Clifford
Lake Superior School District	Commissioner
218-226-3950	Lake County Board
	218-226-3813

Bill Huggins

Board Member

Cook County School Board

218-663-7557

# ***Organizational History***

In the area of serving children, youth, and families, the North Shore Collaborative has a vast amount of experience in planning and providing services, through partnerships with many other child-serving organizations along the North Shore. The primary focus is on prevention and early intervention strategies for strengthening families and ensuring children's success in school.

The North Shore Collaborative (NSC) was formed in 1994 under an agreement by our participating partners: Arrowhead Regional Corrections, Arrowhead Economic Opportunity Agency, Cook and Lake County Boards, Cook County and Lake Superior School Districts, Grand Portage Reservation Tribal Council, and the Human Development Center.

In 1997, a Joint Powers Agreement was formed to establish and govern an integrated Family Services and Children's Mental Health Collaborative for Cook and Lake Counties. In 2001, the NSC completed its incorporation as a private, non-profit 501(c)3 organization yet still with a Joint Powers Agreement.

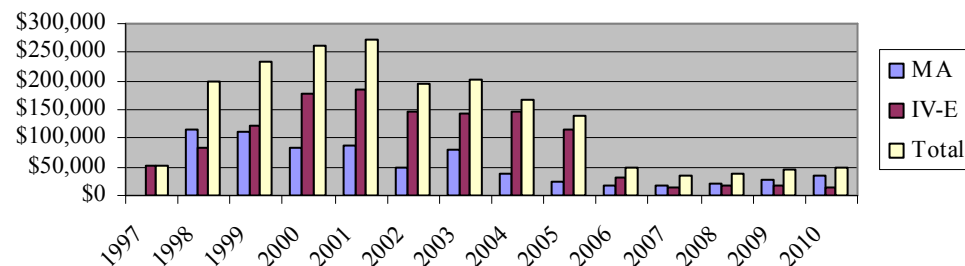
# Community Initiatives

## LOTS: Learning Opportunities Through Stories

The 2010 LOTS program focused on social and emotional development with pre-school children. Social and emotional development is the single best predictor of school success in the early years. The program was conducted once a week for seven weeks during the summer. Participation included 113 children. Based on parent survey data, 53% of the families served earned under 150% of the poverty level. Each child received a new book at every session. Additionally, in partnership with United Way of Greater Duluth, children attending were able to register with Dolly Parton's Imagination Library to receive another book each month for a year.

We had four learning goals for this summer's program: first, to help parents talk to their children about feelings; second, to improve the ability of children to talk about their feelings; third, to increase conversations between parents and children about feelings, and fourth, to provide parents with ideas and resources to help them handle children's outbursts. The reported outcomes were far beyond our expectations. 94% of participating parents reported the program helped them talk to their children about feelings. 90% said their children had improved their ability to talk about feelings. 93% reported they and their children use more feelings words and talk more about feelings in their daily routine. 93% reported they got ideas and resources that have helped them handle their children's anger or frustration more effectively. 80% of participating parents reported their LOTS experience was great, the remaining 20% reported it was good.

LCTS Revenue History



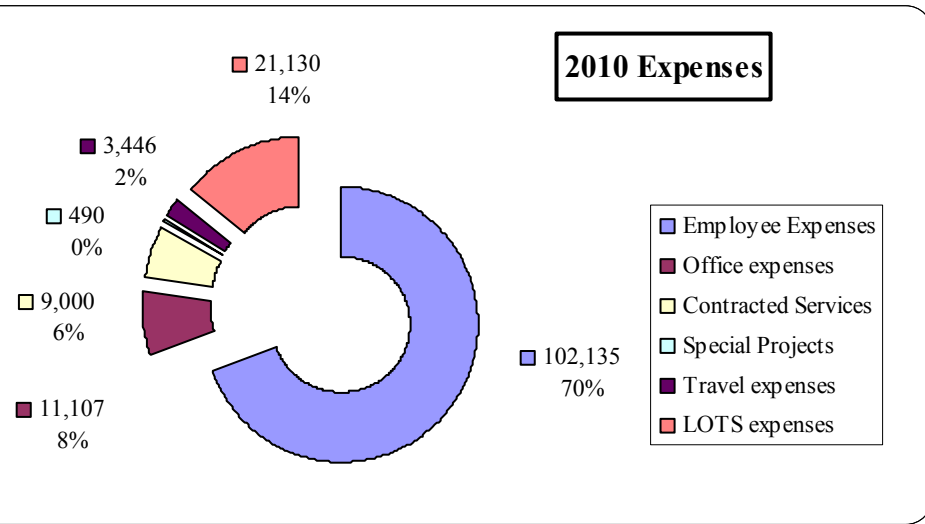
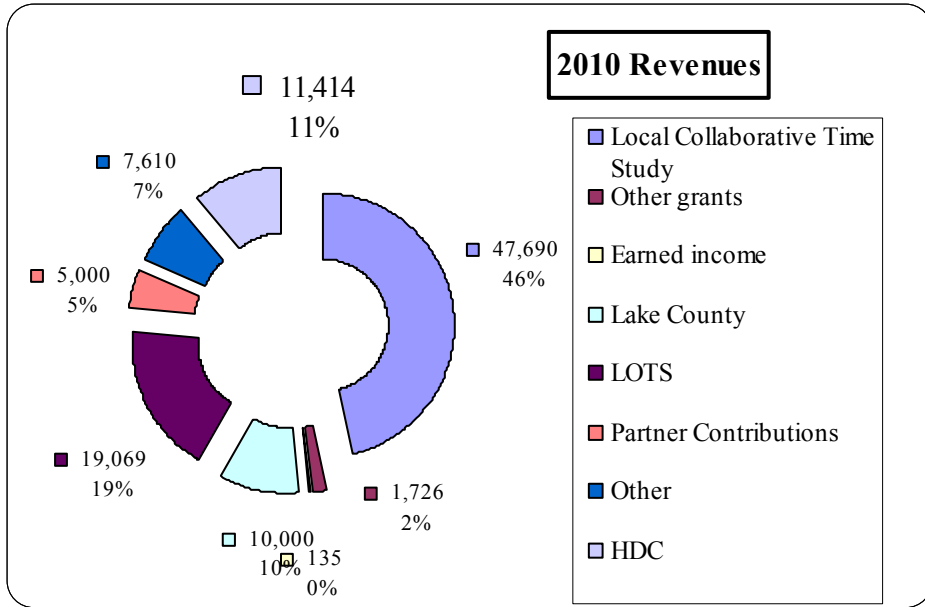
### Local Collaborative Time Study (LCTS) Notes:

- LCTS Earnings are based on 2 federal reimbursement funding streams: Medical Assistance (MA) and Title IV-E for Out of Home Placement (IV-E)
- Federal changes to the MA fund took effect in July 2005
- Federal changes to the IV-E fund took effect in Jan 2006
- New materials, IV-E claiming process, and training were implemented in 2005, 2006, and again in 2008—all of which affect earnings

### Retained Earnings

FUND	carry into 2010	carry into 2011
LCTS	56361	79543
Earned income	34079	34215
Partner Contributions	34165	,30927
Family Support/Parent Ed.	6967	6,967
Admin/Special Projects	7025	444
LOTS	845	2997
Liaison	0	0
Director	0	0
<b>TOTAL</b>	<b>\$139,442</b>	<b>\$155,093</b>

# Financials



## *FaCeS: For Children's Sake (Lake County)* and *SCAT School Community Action Team (Cook County)*

FaCeS's goal is to improve the safety, permanency, and well-being of Lake County children through primary child abuse and neglect prevention efforts with targeted at risk families. The committee is headed by Vickie Thompson, Child Protection Supervisor for Lake County. Expanded partnerships with law enforcement, the county attorney, school district, faith community, media, elected officials, business, and the Collaborative add support and resources to the project.

Alcohol and drug abuse is a primary factor in most out of home placements in Lake County. Current strategies are based on a 2008 Community Readiness Survey that established baseline data on community standards as they relate to alcohol, tobacco, and other drug use.

Cook County's School Community Action Team, a long-standing committee with broad representation including law enforcement, school, mental health, public health and parents, has pursued similar goals and is currently engaged in a comprehensive community-wide initiative to target underage consumption. Both groups are exploring the potential of enacting social host ordinances to reduce access to alcohol. Members are excited to work with the newly elected judge in crafting effective approaches to addressing the safety and well-being of our youth.

## ***North Shore Trade & Tech Project (NSTTP)***

Steps were taken in 2010 to reorganize and redefine the North Shore Trade and Tech Project. Through partnerships with the school districts, higher education and local industry, the project has successfully increased vocational-education opportunities for youth and underemployed adults along the north shore. The Collaborative serves as the fiscal agent for NSTTP. A \$5000 grant from Cleveland Cliffs (parent company of NS Mining) will allow the program to continue through June. At that point the project's tax exempt status will be transferred to the Friends of Finland Community who will assume responsibility for the Clair Nelson Scholarship Fund. 2012 is the target date for an adult training program at the William Kelley High School. Classes will be held in the sheet metal, electrical, welding and wood shops as well in the computer and science labs during the day and concurrently with the high school classes. Mesabi Range Community College will be a partner and provider of training. AEOA will also partner with the project for their clients' training needs. The Northland Foundation has provided \$20,000 for the project's development. Currently, \$10,000 from the Carl Perkins fund will improve robotics training at the secondary level.

## ***Social Leaders Action Network (SLAN)***

SLAN is a local dialogue group for nonprofit leaders, board members and other civic leaders to share ideas for change and action, talk about volunteer work, and grapple with current issues in their organizations and the community. Initiated and supported by the MN Council of Nonprofits, SLAN meets monthly to address issues of common interest and concern. This fall and winter our local Lake County group used their sessions as opportunities for professional development by hosting free workshops in leadership skills.

# ***Programs & Services***

## ***School-Linked Mental Health ~ Lake and Cook Counties***

The Human Development Center provides school-linked mental health services. This 3 year grant-funded project aims to provide more timely, accessible, and affordable mental health services to 72 Lake and Cook County students in 2010. The Collaborative facilitates interagency meetings to address improved process and communication as well as financial sustainability of these school-linked services. We also coordinate children's mental health promotion activities and community awareness. Recent efforts by Collaborative partners with help from regional experts has resulted in concrete plans to secure sustainable funding. Efforts are on-going to reduce the stigma associated with mental illness which prevents many from seeking help.

## ***Family Support***

***~ Lake and Cook Counties***

The Collaborative board voted to provide \$5,000 to both family support programs. The board recognizes the importance of strong linkage between in-home services and school-based or community mental health services in the effort to serve the needs of troubled youth in their homes and local community.

## ***Suicide Prevention***

The Collaborative produced brochures and wallet cards with suicide prevention guidelines. Training is available through the Collaborative to both professional and lay audiences.